

RIDGEWOOD KARATE & BJJ

FALL SCHEDULE – SEPT. 2015 - JUNE 2016

MONDAY	TUESDAY	WEDNESDAY	THURS	FRIDAY	SATURDAY
					Adult Kata 8:00 – 8:30
					Adult Open 8:30 – 9:30
	Adult Open 12:30 – 1:15		Adult Open 12:30 – 1:15		L'il Dragons Beg. 9:30 – 10:00
	Adult Kata/Spar 1:15 – 1:45		Adult Kata/Spar 1:15 – 1:45		L'il Dragons Adv. 10:00 – 10:30
	L'il Dragons Adv. 4:00 – 4:45	Sam 4 & 5 4:00 – 5:00	L'il Dragons Beg 4:00 – 4:30	Sam 2 & 3 4:00 – 5:00	Sam 1 10:30 – 11:15
	Sam 1 4:00 – 4:45		Sam 1 4:00 – 4:45		Sam 2 10:30 – 11:30
	L'il Dragons Beg 4:45 – 5:15	Age 7 – 11 Orange - Black 5:00 – 6:00	L'il Dragons Adv. 4:30 – 5:15	Age 7 – 11 Orange - Black 5:00 – 6:00	Sam 3, 4 & 5 11:45 – 1:00
	Age 10 – 15 White - Black 6:00 – 7:15	Sam 2 & 3 5:15 – 6:15	Age 10 – 15 White - Black 6:00 – 7:15	Sam 4 & 5 5:15 – 6:15	LEGEND: LD Beg: White – Gold LD Adv: Orange – Brown Sam 1: White – Gold Sam 2: Orange – Green Sam 3: Blue – Purple Sam 4: Brown and Shodan HO (Up to age 14) Sam 5: Black (Up to age 14) Adult (Age 13 +) BJJ (Age 14 +)
		Sam 1 6:45 – 7:30		LT Training 6:30 – 7:15	
	OPEN CONDITIONING 7:15 - 8:00	Open Mat 7:30-8:00	OPEN CONDITIONING 7:15 – 8:00		
				Adult Open 7:30 – 8:30	
Adult Open 8:00 – 9:00	SHODAN HO and BLACK BELT KATA 8:00 – 9:00	Adult Open 8:00 – 9:00	BJJ OPEN 8:00 – 9:00	Adult Kata / Spar 8:30 – 9:00	

Uniform - **Kata Week:** Full Uniform

Sparring Week: Dojo T-Shirt, Belt & Gi Pants

30 COTTAGE PLACE, RIDGEWOOD, N.J. 07450

201-447-2272

www.RSKS.com, Facebook/RidgewoodKarate

RIDGEWOOD SHUKOKAI KARATE SCHOOL, INC.

MEMBERSHIPS FROM SEPTEMBER 2014

Initial one time registration, which includes your School T-shirt and patch, is \$99.

SAMURAI KIDZ & ADULTS

LEADERSHIP	2 nd Kyu and above	\$194 / MONTH
ADVANCED	BBC program, unlimited classes Orange Belt and above – Karate and BJJ	\$278 Down then \$179 / MONTH
BASIC	6 Month beginner program 2 classes a week – Karate or BJJ	\$263 Down then \$164 / MONTH

LITTLE DRAGONS

BASIC	2 classes a week	\$248 Down then \$149 / MONTH
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TRIAL PROGRAM – KARATE OR BJJ

**FREE UNIFORM,
1 MONTH CLASSES,**

\$99

(Sign up for a full program at the end of your first trial week and we will WAIVE the Registration Fee)

FAMILY PLANS

Children (under 18) **2nd** Deduct \$15, **3rd** Deduct \$30 and **Parent** of enrolled child Deduct \$45 from program price.

College students \$129 / month unlimited classes. (Christmas and Summer breaks only, Spring Break and Thanksgiving etc. college students train FREE)

All Testing Fees are included except Black Belt (\$425 Adult, \$325 Junior)

It is the **buyers'** responsibility to manage their account & must notify the school in writing, in advance of any changes

Membership payments may be frozen for a minimum of 1 Month & a maximum of 2 months one time per year subject to payment of \$25 administration fee. Membership may be cancelled with **30** days written notice

ALL programs are based on a 48-week year (see calendar); in addition we close for **ALL** Federal Holidays

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